

VARUN ARJUN MEDICAL COLLEGE & ROHILKHAND HOSPITAL

NH-24, Banthra, Shahjahanpur, Uttar Pradesh-242307

FOUNDATION COURSE – I , MBBS (5th Batch); Session 2023 – 24

| DATE | DAY | 9 AM – 10 AM | 10 AM – 11 AM | 11 AM-11:15 AM SHORT BREAK | 11:15 AM – 12:15 AM | 12:15 PM -1:15 PM | 1:15 AM -2:15 PM | 2:15 PM -05:00 PM | |
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| 01/09/2023 | FRI | Welcome Address- (Dr K.G Paul, Dean) Introduction of Faculty Members of Phase – I (Dr K.G Paul, Dean) Introduction of Members of Administrative Bodies (Dr K.G Paul, Dean) MBBS Programme, foundation course, Attendance, Assessment Criteria – Dr Santhana Krishnan, (Director of Academics) Anti-Ragging Rules, Rules and Regulations of Hostel, Name and contact details of Hostel authorities – Dr Jawaid Hussain Medical Facilities for Students– (Dr Shiva Kumar, Medical Superintendent) Virtual Tour of College Campus (12:15-12:45PM) Principles of Primary Care (General and Community-based Care) – Prof. Amruth, Community Medicine | | | | | LUNCH | Awareness of Ethical, Social, and legal issues related to Blood Donation (Dr. Ashwani, Pathology 2:15-2:45PM) Body Donation (Dr.Amrita Gupta, Anatomy 2:45-3:30PM) Milk Donation (Dr. Shakir, Paediatrics 3:30-4:15PM) Eye Donation (Dr.G.Mishra, Ophthalmic 4:15-5:00PM) | |
| 02/09/2023 | SAT | Academic Activities in Campus (MEU) – Dr B.J Pradeep Kumar (9:00 – 9:45AM) Research Opportunities (MEU) – Dr Kalyan Chakravarti(9:45-10:30AM) Post MBBS opportunities (PG JR – Chest & Respiratory Diseases 10:30-11:15AM) Library Facilities (Library In-charge 11:15-12:00PM) Sports facilities on Campus (Sports In-charge) – Mr Mohd. Shadab (12:00-1:15PM) | | | | | | Alternate Health System and History of Medicine (Dr. Intekhab Alam, Community Medicine) | |
| 04/09/2023 | MON | Importance of Nutrition (Prof. Amruth, Community Medicine) | Career Pathways and Personal Growth (Med JR PG Dr. Gaurav Singh) | | Health Care system and its delivery (Dr. Intekhab Alam, Community Medicine) | | | Music and Dance (Dr Saurabh Sani) | |
| 05/09/2023 | TUE | BLS, FIRST AID, - Prof R N Shukla, Dr. Hazique Zeya Salauddin (Skill Lab) Roll no: 1-37 | National Health Priorities and Plan (Prof. Col. Rakesh Arya, Community Medicine) | | Welcome Speech – Management & How to Study, Yoga Past, Present, and Future of Varun Arjun Medical College (Dr Ashok Agrawal Sir, President) | | | White Coat Ceremony (DEAN &PRESIDENT) Dr. Ashok Agrawal Sir CHARAK SHAPATH (DEAN &VICE PRESIDENT) Dr. Kiran Agrawal Mam | |
| 06/09/2023 | WED | Formation of Houses (Dr K.P.Nirala, Dr Amrita | MBBS Programme (Vice Principal) | | Adolescent Friendly Exposure (Dr. Poonam Yadav, Clinical Psychologist) | | | BLS, FIRST AID – Dr. Bashir Ahmad, Dr. Hazique Zeya Salauddin (Skill Lab) (02:15-03:15PM) | |

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| | | Gupta) | | | | | HOSPITAL VISIT- Dy MS, AO Hosp, (03:15 – 05:00PM) Roll no: 38-74 |
| 07/09/2023 | THU | Environmental Health problems, medical care and Population problem (Dr. Jawaid Hasan, Community Medicine) | | | National Health Policies (Prof. Col. Rakesh Arya, Community Medicine) | | Workshop on Disability Competencies (Dr. Abhishek, Psychiatry) |
| 08/09/2023 | FRI | Immunisation requirement of Healthcare Professionals (Dr. Intekhab Alam, Community Medicine) | BLS, FIRST AID, - Dr. Rajeev Tiwari, Dr. Love Mahrotra (Skill Lab) (10:00-11:15AM) HOSPITAL VISIT- Dy MS, AO Hosp (11:15 – 01:15PM) Roll no: 75-111 | | | | Concept of Ethics (Dr. Amit Bhardwaj, FMT) |
| 09/09/2023 | SAT | Workshop on Time Management (Dr Shiv Kumar Sir, FMT) | BLS, FIRST AID, - Dr. Arushi Saxena, Dr. Love Mahrotra (Skill Lab) (10:00-11:15AM) HOSPITAL VISIT- Dy MS, AO Hosp (11:15 – 01:15PM) Roll no: 112-150 | | | | Concept of Professionalism Professional and Altruistic Behaviour Medical Profession and Physicians' Role in the Society (Dr. Shiv Kumar Sir, FMT) |